



### **Families in Cultural Transition (FICT)**

A series of workshops designed to help refugees with the process of understanding and adjusting to their new environment in WA. Bicultural facilitators are trained to conduct the program in small groups within their own communities.

### **Children in Cultural Transition (CICT)**

Aims to provide support to primary school students from refugee backgrounds as they transition to mainstream schooling. The program focuses on schooling in WA, discrimination and bullying, family, friendships and forming community links.

### **Community Groups**

We facilitate social and community groups with our clients to support them to develop relationships, reduce social isolation and increase participation in broader society. The groups listed below meet on a weekly basis throughout most of the year.

### **Multicultural Men's Group**

Meets every Tuesday from 9:30am for onsite activities, as well as excursions.

### **Multicultural Women's Group – Women Together**

Meets every Friday during school terms from 10:30am-1:30pm.



### **For more information contact: Association for Services to Torture and Trauma Survivors (ASeTTs)**

286 Beaufort Street, WA, 6000

(08) 9227 2700

reception@asetts.org.au

asetts.org.au

To make a referral scan the code



SCAN ME



Buses stopping near **ASeTTs**:  
**60, 66, 67, 950**

Call Transperth on **13 62 13** for train times or visit **transperth.wa.gov.au**



**Providing holistic services to  
survivors of torture and  
trauma in WA**

## About ASeTTS

The Association for Services to Torture and Trauma Survivors (ASeTTS) is a not-for-profit organisation which has a proud history of serving humanitarian entrants and refugees settling in WA since 1992.

We provide services to people who are humanitarian entrants or are from a refugee type background and who have experienced torture or trauma in their country of origin, during their flight to Australia, or while in detention. Anyone can be referred to ASeTTS if they are from a refugee-like background and have experienced torture or trauma, no matter how long they have been in Australia.

Our highly skilled staff provide a range of direct services to survivors of torture and trauma their families and communities, to enhance their opportunities to recover and rebuild productive and meaningful lives.

Our services are free, confidential and culturally sensitive.

ASeTTS is a member of the Forum of Australian Services for Survivors of Torture and Trauma (FASSTT); and is one of over 160 accredited torture rehabilitation centres in 76 countries worldwide which assist survivors of torture and trauma.



## What We Do

### Community Development

Community development is a core component of working holistically with survivors of torture and trauma. We sometimes call this 'community healing'.

We acknowledge that trauma impacts not only on the ability of individuals to participate in their community, but that collective trauma can also affect a community's ability to support its members. Our community development programs are delivered in partnership with participating with new and emerging communities; to reduce collective trauma, and build social capital, social cohesion, and connectedness.



### Specialist Counselling

We provide specialised torture and trauma counselling to assist people to talk about, and deeply process, their experiences and difficulties and aim to reduce trauma-related symptoms and enhance psychosocial health and wellbeing.

Our counsellors are from a wide range of backgrounds. They are professionally qualified and trained to use a range of approaches to support people of all ages. Counselling services are available to individuals, couples or families, and children and young people for torture and trauma related issues.



### Services to young people

We provide a range of tailored services to support young people between the ages of 12 and 21 who have been impacted by refugee trauma, and are at risk of disconnection from school, work, family or community and/or at risk of homelessness.

Through our Reconnect-Newly Arrived Youth Services (NAYS) program we deliver services to newly arrived young people who are within their first five years of re-settlement in Australia. Services including psychosocial counselling, school holiday programs and camps assist young people to overcome personal, emotional and social barriers as they transition into Australian society.

### Settlement Engagement and Transition Support (SETS) Services

Case work, advocacy and group learning activities are delivered to new and emerging communities to assist families and children to adjust to their new life in WA. Services are delivered in partnership with local government and settlement agencies. Programs delivered under SETS includes: